

Food Relief Alliance of South Africa

Reg. nr: 2020/876668/08 NPC



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ANNUAL REPORT

Period: 1 March 2023 – 29 February 2024

Attention: Board of Directors



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Executive Chairperson

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Introduction

This is our third annual report for the period 1 March 2023 – 29 February 2024. When the Covid-19 pandemic and subsequent hard lockdown hit South Africa in March 2020, the management of YoungPeople@Work launched a strategy to address the crisis of hunger amplified by the pandemic.

The following strategic intervention was adopted:

Our strategic intervention:

- (a) Start a Food Fund by mobilizing funds to support 20 food relief projects which proliferated in various communities.
- (b) Building partnerships to maximize resource mobilization.
- (c) Help build capacity of the emerging leadership to sustain food relief projects.

This report highlights our activities for the above period.

Our Food Fund

Up to 31 May 2023 the following members were involved both in FRASA and/or the Food Fund:

Building Bigger Tables (Food garden)	Youth Clouds of Heaven (Food garden)
Khathalelana	Nostop (Food garden)
Compassionate Hearts (Food garden)	Let us Feed a Family
Walk the Talk	Sivulingqondo Computer Project
Edyardini Community Development (Food garden)	Uncedo Lwethu Foundation
Youth Against Crime and Drugs	Music Academy for Rural Youth
Visionary Can Ladies Community	YP@W
Centre of Excellence	Jabes United Seniors for the Elderly
Children Have a Dream Foundation (Food Garden)	Open Doors Community Foundation
Community Transformation Projects	VGK Soup Kitchen (Riebeek Wes) (Food garden)
Helpende Hande	Hope God's Gift for All
Stars Youth Development	Building Better Lives
We Share Because We Care	Youth for Change
Behaviour Resolutions	Golden Anchor Foundation
San Michell Independent School (Food garden)	Brown Girl Creations
Higher Faith Development Organisation (Food garden)	Lea Rose Foundation
Letsatsi - Giving Hope	Catalyst for Change
Belhar Community Nutrition and Dev Centre	Solendela
Oasis Skills Development Centre	Vision Aftercare
Mizpah Educare Centre	Good Hope Foundation
Busy Bees	Humble Beginnings Foundation
Skye's Wooden Spoons	People for Christ Ministries Feeding Schemes,
Where Rainbows Meet	Kwacaleni Soup Kitchen
IAWIA Ministries	The Sees Community Development
Iminqwenémihle Soup Kitchen	Group of Hope Trust
Survivors Reg/228/495	Bountiful Grace
Humble Hearts	Soup Kitchen in Community
Thinking Empire 4 Kids	Makhiwa Soup Kitchen
Akurah Foundation	Straat se Kind

Please note:

Many FRASA members are still involved in the food relief although the number has been reduced to a lack of access to food resources. Only those linked to our food partners like Food Forward SA, Food on the Table, SA Harvest, Shoprite Food Kitchen, etc. are still able to distribute meals on a consistent basis. An average of 500-1000 meals are distributed per active member with Compassionate Hearts on Touws River distributing the most at over 15 000 meals per month.

(b) Partnerships and sharing of resources

Inter organizational networking and sharing by external stakeholders Based on the feedback from member organizations, the following partnerships were forged in support of their food relief interventions:

External stakeholders (only a sample)

Organisation	Nature of support	Recipient
Shoprite Soup Kitchen	Delivering soup and bread on a regular basis Food donations Coupons	NoStop Youth Clouds of Heaven Compassionate Hearts
Food on the Table	Weekly veggie donations	Youth Clouds of Heaven
SA Harvest	Weekly veggie donation	We Share Because We Care Walk the Talk Khathalelana Edyardini
Food Forward SA	Weekly veggie donation	Khathalelana
MTN	10 tablets	Edyardini
Food on the Table	Weekly veggie donations	NoStop Youth Clouds of Heaven Busy Beez Youth for Change Golden Anchor YP@W
Gift of the Givers /Laaste Drift Farm in Ceres	Regular food donations Medical interventions	Compassionate Hearts
ITEC printing Company	Donated printers/copiers/scanners	Uncedo Lwethu Foundation Skye Wooden Spoons YP@W Oasis Skills Development Training Centre
Table Bay Hotel	Donated printer/copier/scanner And hotel uniforms	YP@W
Yes We Can Foundation	Donated off cut material	NoStop Higher Faith Development Organisation God's Gift To All
Soil for Life	Food garden support	Children Have Dream Foundation
Premier Foods	20 loaves of bread weekly shared with various beneficiaries	YP@W
Inspire Media	100 loaves of bread donated	MARY (Grabouw)
Department of Agriculture	Food garden support	NoStop Edyardini Youth Clouds of Heaven Uncedo Higher Faith Community Development VGK Soup Kitchen - Riebeek Wes
Yes We Can Foundation	Donation of off cut material	Various FRASA members

Intra-organisational sharing (only a sample)

Organisation	Nature of support	Recipient
Khathalelana	Veggies and dry foods	Various FRASA members
NoStop	Pre-loved clothing Hospital beds	Various FRASA members
Walk the Talk	4 bicycles and sharing of cooldrinks	Compassionate Hearts NoStop Youth Clouds of Heaven VGK Soup Kitchen - Riebeek Wes

Siyazana YDF	Veggies and dry foods	Various FRASA members
Centre of Excellence	Meaty bones	Various FRASA members
We Share Because We Care	Veggies/Eggs	Various FRASA members
Sticky Fingers Preschool	Printing paper	YP@W

Capacity building of FRASA members

Meet and Greet	Parow library
Day of Gratitude	Parow library
Proposal writing workshop	Khayelitsha
Effective governance workshop NPO Helpdesk with DSD	Khayelitsha
Legal compliance workshop Labour compliance NPO Helpdesk with DSD	Parow library
Site visits	Edyardini Youth Clouds of Heaven NoStop Khathalelana Children Have a Dream Foundation Walk the Talk
Fundraising workshop	Compassionate Hearts – Touws River attended by NPO leaders from De Doorns who joined FRASA. Oasis Skills Development Centre – Upington
Train the Trainer and launch of two computer training centres	4 members of NoStop and Khathalelana were trained and subsequently launched their own computer training centres. Various computer training sessions have already been hosted.
Ms Teams training	4 FRASA members trained by Shirley De Jongh
HR training	FRASA leader, Charlene Miles from NoStop was coached to design this workshop and facilitate it. The training is also currently available online via whatsapp.

Marketing of FRASA

This happened mainly through:

Launch and maintaining our website	Updating our FB page on a regular basis
3 FRASA newsletters completed and shared with our database of over 3000 subscribers	Word of mouth

Food garden support

The following members maintain food gardens:

Member	Status of the food garden
Compassionate Hearts – Touws River	Well maintained with support from Department of Agriculture 60 households also benefited from household packs. Suffered vandalism but managed to rebuild.
DRC Soup Kitchen – Riebeek Wes	Well maintained with support from Department of Agriculture
Youth Clouds of Heaven - Scottsdale	Well maintained with support from Department of Agriculture Household packs also distributed and poultry farming initiated with eggs laid
NoStop – Scottsville	Well maintained with support from Department of Agriculture
Build Bigger Tables – Bishop Lavis	Well maintained with support from Department of Agriculture and Soil for Life

Children Have a Dream Foundation – Silver Sands	Well maintained with support from Soil for Life
San Michelle Independent School – Atlantis	Food garden needs to be rebuilt
Abundant Grace – Kew Town	Food garden and chicken coup not active anymore.
Thinking Empire Kids – Mitchells Plain	Suffered vandalism but busy reconstructing
Vision Can Ladies – Hout Bay	Well maintained but need support
Uncedo Lwethu Foundation – Ottery	Well maintained having received support from Department of Agriculture
Kusile Mzansi – Mgwali Village	Thriving, having received donor support to diversify crops. Visits by the local Eastern Cape Department of Agriculture
Edyardini – Khayelitsha	Thriving and well maintained with support from the Department of Agriculture

Feedback from members

Labeeba Stanley from Scottsdene in Kraaifontein wrote:

"After we received the amount of R92 000 from Agriculture, we still use from that money to buy what we need in our garden. Despite the water issue that we still face, we keep on moving forward and do our best to reach our level. Very soon we will have our own electricity box where we will buy our own electricity for the pump to water the plants. While we are waiting, we prepare all our beds with the compost and eco pallets for our new plants that are busy growing in our Greenhouse. Dept. Agriculture also sent an Assistant Practitioner from Dept. of Agriculture Land Reform and Rural Development. He started working from the 15 May 2023 on his first day where he sends a regular report every week. Our residents also received their chickens those who completed their application forms of Questionnaire Households Profiling Starter Packs provided by Agriculture are for free. We also open a group chat where we share some ideas and pictures to stay connected and sustainable. My mission is to encourage them also with the Word of God and to give their first offering (eggs) to someone in need. Together we fight against hunger. They also sell their eggs to put food on the table for their families. I love what I am doing and feel good to see smiles and happy faces especially in our community where there are no jobs for our people. They also sell their eggs and it makes a big difference in lots of families especially where there is no income.

Because of all the workshops we attend with Frasa and YoungPeople@Work we learned to share with one another especially our FRASA partners. On Thursday we assisted Mrs Zita Petersen Director from Sky's Wooden Spoon with some of our resources like compost, Eco Pallet and seeds for their project. Regards. Labeeba Stanley"

Rashaad Baker from Compassionate Hearts in Touws River wrote:

"Compassionate Hearts Touwsriver food garden was established in May last year. Despite challenges like lack of equipment and seedlings and seed as well as flooding in December we still manage to harvest beetroot, potatoes, cabbage and spinage. Dept of Agriculture has been supportive throughout and they have now approved a budget for us for R108000. This will be utilised to install an irrigation system complete with pump and Jojo tanks. Furthermore they will supply us with seedlings, seed, protective clothing, gumboots and safety shoes as well as garden equipment and compost."

Pastor Raymond Weaver from Children Have A Dream Foundation in Delft wrote:

"Good morning Frank, we did some soil preparation this week and mixed it with compost that were supplied by Soil for Life. We started our 2nd intake of people that showed some interest in the food gardening project and had a short introduction. We will officially start the course 6th September for 3 months hosted and facilitated by CHAD Foundation in partnership with Soil for Life. We're waiting for our seedlings that will arrive sometime in next week to start planting. Silver Sands primary SGB is endorsing our initiative and will contribute financially towards purchasing whatever we need. Thank you once again to FRASA for their invaluable support through this process. Much appreciated and blessings to you Mr Frank."

Lucy Beukes from Building Bigger Tables in Bishop Lavis wrote:

"Department of Agriculture has put up fencing at Helderberg Primary for the back and front garden. They are slowly starting to deliver seedlings, compost, gardening tools etc."

Sibongile Samsam from Uncedolwethu Foundation in Ottery wrote:

"Uncedo Lwethu Foundation planted celery, beetroot and monitoring them very well. It's a season of bugs in the garden. Yet the spring onion comes out beautifully always. Dealing with a small space there's a lot one can accomplish."

Marileze Johannes from San Michell Independent School wrote:

"Our food garden initially thrived and we were fortunate to receive donated seedlings. However, ongoing vandalism caused issues with our water supply after our water pump and JOJO tanks were stolen. Despite these challenges, we were able to successfully harvest two crops. We utilized the produce for our own kitchen needs and also shared it with other NGOs in our vicinity."

Matilda Mzilikazi from Intervisionary wrote:

"This year is a bit tough. We cannot stop growing food as it helps with the ECD and community kitchen. I will share with you recent pics. We still have lots of space that needs seedlings and do not have funding. We have opted to trying to make our own seedlings." *(The project was referred to the Department of Agriculture.)*

Membership review

A few new members joined FRASA and some were offered bursaries. Some members renewed their membership whilst others made arrangements to pay off their annual membership fees.

Funding and finance

The funding contract from King Baudouin Foundation stopped on 31 May 2023. Our main source of since then was membership fees. We submitted a funding proposal to the Department of Social Development which was acknowledged. Our main expense was mostly for transport towards collecting veggie and bread donations on a weekly basis.

Board developments

Jacoba Hamman from Walk the Talk who fell pregnant, resigned from the board and was replaced with Iris Busakwe from Edyardini. The board met 3 times during this reporting period.

Challenges experienced

With the closure of the Food Fund due to a lack of funding, many members were not able to consistently distribute meals in their community. There were others who forged strong partnerships with various food relief agencies and continued feeding. Some members who operate food gardens also experienced challenges with access to water and vandalism. Others experienced challenges with volunteers not being very reliable.

Conclusion

Our lack of funding and the closure of our Food Fund have caused a temporary disruption in our members' ability to effectively execute their primary mandate which is to distribute food in their respective communities. Our capacity building focus has also been less than effective due to the struggles our members faced for survival. The sharing of resources among members continued however. Some members have also expanded their mandate and started to offer more than just food relief. Two more members are now offering computer literacy classes and four offer music and art classes. Despite our resource challenges, our members are still making a difference in their respective communities and we are hopeful that we will bounce back with new vigour as the crisis of poverty deepens. I want to thank our members, board, donors and strategic partners for their continued support which enabled us to execute our mandate and make a difference in the lives of many.

Thank you

Frank Julie
Chairperson

Some photos of organisational activity



Above: FRASA members and supporters during the Day of Gratitude. The chief director of food security, Vusumazi Zwelendaba was the guest speaker.



Above: FRASA leaders were treated to free pampering and foot massages as well as getting their hair done by members from Keep Healing and Ceative Hair from Home, both members of the Youth Business Network. Rashaad Baker received a free bicycle from Walk the Talk for Compassionate Hearts in Touws River.



Above: Elaam Bam from Survivors and Labeeba Stanley from Youth Clouds of Heaven were some of the FRASA beneficiaries who received weekly vegetable donation from Food on the Table and Charlene Miles received a donation of laptops and a printer also from Shoprite Head Office in Brackenfell.



Above: Volunteers from Compassionate Hearts busy in the food garden and the fruits of their labour.



Above: FRASA members who received new printers/copiers/scanners from ITEC are Zita Petersen (Skye Wooden Spoon), Nomvuyo Mzilikazi (Sivulingqondo Computers), Sibongile Samsam (Uncedo Lwethu Foundation) and Shenelle Francke (Straat se Kind)