



Sakhisizwe Youth Development Programme

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Sakhisizwe Youth development programme: Report for May 2022:

Parent Centre Programme:



Parents are the careers of their children, they care by showing love, support and providing shelter, clothes, food etc. Most of our parents are single parents who are working as domestic workers, gardeners, cooks, cashiers etc. They earn just enough to take care of their basic needs, and some are unemployed. It is believed that "Adolescence is a challenging time for young people, bringing on not only the physical changes of puberty, but emotional transformation as well and in some cases, the emergence of serious mental health conditions. For parents, it can sometimes seem like their affectionate, adoring child has become a different, distant person and that their teen's friends have become more important to them than their family." At Sakhisizwe we believe that parents should be supported during this phase on how they could be better parents.

Nothemba is our community worker who do home visits to most of our families, to find out what is happening at home and how we can support them. We have few cases of our young girls who are not behaving well at school and at home, and they are causing stress to their parents, because they worry that they might make bad decisions that will affect their future, like teenage pregnancy, alcohol abuse, infected HIV/AIDS, or dropping out of school and continue with the circle of poverty. We target 20 home visits and follow ups, we try to support with food parcels voucher for those families that are in need.



On the 11th of May we hosted our 1st term parent meeting, they met most of the staff, and each staff reported about what they have done in term 1. We informed them about the 3 interns (Sihle, Ria and Khayakazi) whose contract has ended. We had few parents who attended due to the fact that most are only arriving at home just after 6pm. A Full report was also sent via whatsapp for those who were unable to attend.

We are planning to offer a financial workshop in partnership with FNB after June holidays, where parents and youth will be educated about savings, funeral plan, educational plan. Shaheed the FNB bank manager will be hosting the event, he also assisted our youth to open bank accounts at FNB Hout bay Branch.

Staff development:

On our staff meeting, we celebrated birthdays (Lumka, Ricky, Khayakazi and Mmeli), graduation and farewell party for our interns. We issued certificates of service and gift vouchers to appreciate their time, we will surely miss them as they were amazing to our youth. Sihle Popo will continue assisting on our Explore your creativity program as before the internship. Khayakazi is studying at Unisa while Ria is improving her grade 12 results. We will continue supporting them and they are still part of our mentorship program. We also issued our accredited certificates to 6 of our staff. It is such an honor to be able to upskill our staff. We would like them to get more opportunities as facilitators/tour guide to earn more income and not depending on Sakhisizwe YDP. Ricky had an opportunity to facilitate a training for young boys (18-25) at Chrysalis Academy in Tokai one of our partners.



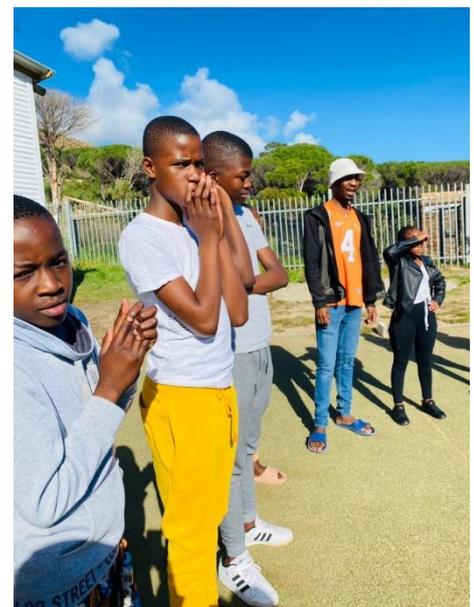
Mentorship Program: (18-25 years)



A Month's entrepreneurship training ended in April in partnership with LEAP which was of great benefits for our unemployed youth, some hope to start their small Social entrepreneurship businesses and we assisting them to open bank accounts, , learnership and varsity for those who would like to study further next year. The topic for our mentorship sessions this month was about work ethics, and they look at 10 working traits: Appearance, attendance, attitude, character, communication, cooperation, organizational skills, productivity, respect, and teamwork. We believe that it is important for our young people to present themselves well in their workplace or varsity as this will be a foundation to build for their future. Our mentors will be going on a mini camp to Mojo hotel on the 2nd of July, to celebrate youth month.

Explore your creativity:

Our studio program is not fully active until all our volunteers and facilitators apply police clearance; Silikamva High School will not work with anyone who doesn't have a police clearance. We will only continue once that is sorted; we are still in need of more volunteers with instrumental music background. We look forward to seeing the studio operating fully, we will be visiting another studio in Nyanga to see how they are running it. Gender based violence is a serious issue in our communities, our youth will be celebrating June 16 in Guguletu with UBomi youth, where they will be performing raising awareness against gender-based violence. # notogenderbased violence.



Academic Support:

In few weeks to come our students will be writing term 2 exams. Our facilitators are assisting them with their academics, and grade 9s are studying using tablets. They are given skills on how to study, making notes, and time management, most of them have started studying at home while others still prefer to study in a group. We no longer setting up outside as its chilling, our students are now sharing the 2 classrooms, we are hoping for a big hall that we can be used for multipurpose, for our Friday night, movies, performances etc. Donations are welcome to continue serving our youth, they are the future leaders.



Upcoming event:

- Youth outing to Guguletu June 16 celebration
- Hiking: Hout Bay June
- Mentors' outings end of June/July
- Sinovuyo Parent to teen July
- Financial workshop FNB: July





Thank you very much for your support, should you require a tax return certificate please let us know. We are still looking for more partners to support us: Below are our banking details, PayPal and given gain account.

Banking Details:

First National Bank

Account name: Sakhisizwe YDP Trust

Account number: 62791440870

Branch code: 250655 (Hout Bay)

Reference: "Sakhisizwe"

[Paypal: mhinti.pato@hotmail.com](mailto:mhinti.pato@hotmail.com)

<https://www.givengain.com/cause/50906/campaigns/22889/>

[2020 Video Sakhisizwe - Google Drive](#) enjoy our 2020 video

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<https://www.youtube.com/watch?v=IWIXbmLYtVc>

<https://youtu.be/CVQYgHbtr4I>

Kind regards

Mhinti Pato & team