



Sakhisizwe Youth Development Programme

ERF 2843Van Hoogstraten

Imizamo Yethu

Hout Bay 7806

South Africa

NPO:258-587

BPO:930068098

Trust: IT001074/2018(c)

Website: www.sakhisizweydp.com

Email: mhinti.pato@hotmail.com, sakhisizweydp@gmail.com

Telephone :079 2520 150

<https://www.facebook.com/Sakhisizwe-YDP-185766348608345/>

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Women's month:

South Africa is a country that is notorious for its levels of gender-based violence (GBV). The SAPS statistics for reported rape cases for 2019/2020 is 42 289 and for sexual assault 7749 under – reporting of rape according to Cape Town's newspaper 2021. The pandemic has also shown the root of our family problems where Women are abused, man struggling to support their families, which affect our young people, where they find comfort in drugs, alcohol, and wrong company. Women are still crying, suffering, and raising kids alone, as we celebrate this women's month, we honor those women who marched to the Union buildings in Pretoria August the 9th in 1956.

Girl Child:



Our girls are crying for their fathers, they are looking for love, for affirmation, provision etc, because of these problems they tend to stray in a wrong direction and start dating older man. Many girls in South Africa give birth during their teenage years, girls who are neither economically nor emotionally ready to deal with parental responsibilities. It is with sadness that one of our young girl who is 16 years also fell pregnant, she is one of the girls that was not attending regularly. We have few cases of your young girls who are starting to date boys and being sexually active at this young age. It

is very important that we continue supporting girls and address some of these issues at the end they are the ones that are affected mostly.

On the 9th of August we had a picnic celebrating our Women's month with all girls of SakhisizweYDP Junior and senior at Oudekraal national park. Even though it was a cold day about +_ 50 girls showed up. We had a guest speaker 27-year-old Zizopho who grew up in Imizamo Yethu and graduated as an Optician at CPUT, in 2017-2018 she worked in Dubai she is currently staying in Fishhoek. She shared her story growing up in Imizamo Yethu, that she was also faced with the same issues as a young girl, fearing of getting raped, falling in love with a wrong guy, peer pressure, teenage pregnancy, but what has helped her was her faith, her decisions, her dedication in studying hard at school and surrounding herself with good people that motivated her to do the best.



“Be the mentor that you never had”. This a mentorship program where we partner a senior girl with 3 junior girls to mentor for a year. All girls were given a toiletry gift pack which included sanitary pad. “Let no girl ever in need of a sanitary pad.”

Academic support:



We are fortunate to give our older youth opportunities of learnerships, volunteering and full-time employment. Our students are given more assistance one on one and in a small group. Grade 7&8 are facilitated by Sihle Popo and Mmeli Ngalwa with English they are reading a book name gifted, they were though how to summarizing a book, spelling, and reading out loud and practicing maths every Tuesday. Grade 9 is facilitated by Wanga Njokweni and Sinotando Ntsangani, Grade 10 & 11 Lihle Ngece, Khayakazi Zaza and Kamva are responsible for this group. Our grade 12 boys will be writing exams they are studying and also getting one on one tutoring with Kamva, Khayakazi and Lelothando. Life skill Mot: both girls and boys were divided as we felt the need for girls to have their own sessions, they discussed topics on self-love and #no to body shaming, dating older man, sexuality etc.

Sport & Spiritual support:



We have started with our aerobics sport program every Wednesdays; swimming is going very well with new students learning how to swim . We are looking forward to starting with soccer and netball. We are back with our Friday night program, our theme for the past weeks was the Lord’s prayer, motivating our students to make prayer a lifestyle and to know that they can pray anytime, to thank God, to ask and to repent.

Parent Centre:

We are still communicating with our parents via what sup and calls to support them, there has been issues with 5 girls who where misbehaving at home and at Sakhisizwe YDP. We have found out that most of them are not in touch with their fathers and 2 are staying with their grandmothers. We are organizing counselling sessions for intervention. Our condolences to our grade 10 boy Isaacs who lost his grandmother who was a mother figure to him, may the Lord give that family strength. Another fire hit Imizamo Yethu again people lost their homes, only one family was affected by fire from our students and we were able to assist with clothes donated by Rotary club of Hout Bay. 8 Mentors sign up with Thula Thula to assist those families writing their names and supporting them with food parcels and other basic needs.





Mentorship & Leadership development:

Well done to this group of students who has shown dedication, support and enthusiastic, and volunteering their time to support the younger youth and the community. Thursday evenings is their own space to meet, learn and motivate one another. We are happy to say that most of them are now working, studying, and volunteering. Our rule is that “No one should stay at home and do nothing.” For the last 4 weeks we started with mentorship development program, were they learned about what is a mentor, the purpose of mentorship, what makes a good

mentor, misconceptions about mentoring, the role of a mentor and how our program looks like when they start mentoring. The girls’ program has started we will now concentrate on the boys. 20 of our mentors will be given an opportunity to assist with registration and voting with IEC in October. We are looking for more individual donor’s pleas do join us on our heritage event and invite friends.

Upcoming events in September:

Facilitation training: Staff development

IEC assistant training: 20 mentors

Boys outing and mentorship: Hiking to Silver mine

Heritage Day event: fundraising

Heritage Day event: African dance in Harbor only girls.



<https://forms.gle/T5uPVURaYCi5aCV78>

Thank you for all your support: Mhinti Pato & team.

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