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Sakhisizwe Youth development programme

Report for August 2022

Women’s month/Women's Day



Eliminating violence against women and improving educational opportunities for women were almost universally supported goals in South Africa in the mid-1990s, but these goals receive only rhetorical support. The rate of sexual violence in South Africa is among the highest in the world. It is estimated that there are about 600,000 rape victims per year in the country. Most cases are not reported to authorities. 51% of women in SA say they’ve experienced Gender-Based Violence (GBV) with 76% of men saying they’ve perpetrated GBV at one stage in their lives (2010 Gauteng sample). A similar study revealed that

one in five women report that they have experienced violence at the hands of a partner. In 2019/20, a total of 2 695 women were murdered in South Africa. This means a woman is murdered every three hours.

In our life skills sessions, we addressed the issue of gender based violence because it's real and it's happening in front of our youth, in their homes and community. In celebration of Women’s month we took 15 women to attend an event in Hout Bay hosted by Alene Edison: “My scars tell my story”. She had different speakers like Grizelda Grootboom who has written a book called “Exit”. They shared their journey and how they survived rape, human trafficking and drugs abuse. It was an amazing event and women received different gifts, including vouchers to spoil themselves. This was also my birthday so it was an honour to spend it with women. Thank you very much to our donor who made this possible.

Financial literacy workshop (FNB)

We are grateful for a great partnership with FNB. They organized a literacy workshop for youth and parents where they thought about e-pocket savings, funeral cover and the benefits of opening an account with FNB, especially for students and businesses. It was a fun Saturday morning; their manager prepared a soup to serve the children and also gave away clothes. We hope for more opportunities like these to support and uplift our communities. We also hosted a parent meeting to provide feedback for Term 2 and our financial report. We encouraged the parents to support the youth and also advise them in making wise decision and to never give up on them no matter how hard it is at times



Mentorship (18-25 years)

We are committed to supporting our mentors, making sure that everyone has something to do. When Odwa Fodi resigned from the call center that she was working for because they were not legit, she took over the volunteer role of assisting us to explore our creativity program. We have been supporting her to apply for the volunteer program with Hand in Hand, while she seeks employment. We wish her all the best as we would like her to have something meaningful to do. Work ethics was one of the topics that we covered with the



mentors, including how they should act and conduct themselves in a workplace and also at University. Some were able to put this into practice while others did not. We are happy to say that Gold Youth will be employing 3 interns next year and we will select from the 6 who have been part of their program and to sign up for a 3-year program with them. This is what we hope and pray for our mentors - to get more opportunities . Our donor Ashley visited our mentors with her staff from Masiphumelele. They are doing similar work with children in Masiphumelele. She shared her experience working as a lecturer for years with 1st year students at University of Cape town, shared their struggles, and why they dropped out. She encouraged

the youth that it is ok to take a gap year while figuring out what they would like to study, and also taking part in learnership programs. She talked about securing support and time management. It was an amazing session with everyone engaged and sharing their experiences. Walter from Nacossa also offered a 2-week workshop about trust and confidence, as well as goals in life. We also had 7 mentors who attended a church service in Gugulethu at Lifeline Christian Center. They shared about what we are doing at Sakhisizwe and also sang in the choir. Well done to Ricky and Sakhisizwe YDP team for supporting and pushing this group of leaders. It's not an easy task but together we can build a nation.

Sports programme

Well done to the Grade 7-9s and a few seniors, for their commitment to our 5km running race every Monday at 5h30pm. Students are studying for exams Tuesday and Thursday, so we have temporarily canceled soccer. Every Wednesday we have started with aerobics.

Children are still taking turns swimming at Wendy's Swim School. We would like to say thank you to Christoph, a Rotarian, who has organized funding for a year for our swimming program. Our vision is to provide basic swimming skills for all our youth, so that they could be safe at the beach and also be able to pursue careers as lifeguards.



Academic, lifeskills, creative and spiritual programme

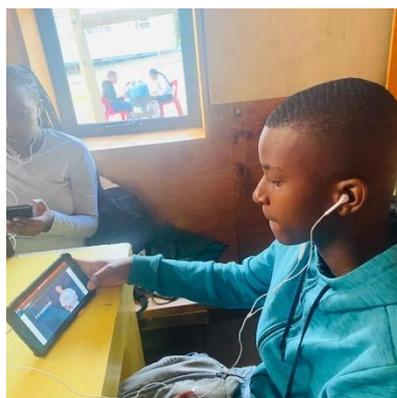
Everyone is studying very hard to prepare for Term 3 exams. They are taking turns using the tablets.

During life skills sessions we covered topics like depression and making life decisions.

Students will continue practicing on Saturdays for Heritage Day. Our music studio is operating and so far a few students are taking up the opportunity. Well done to Lelo and volunteers - we are looking forward to seeing them perform.

Our gumboots dance students have been invited to perform at the International School.

In our Friday night program we have been discussing temptation, that it will always be there, but the students need to pray and fight temptation in every way.



Upcoming events

Outing for grade 10/11 (hiking or picnic)

Heritage event in Gugulethu

Thank you very much for your support.

Should you require a tax return certificate please let us know.

We are still looking for more partners to support us. Below are our banking details, PayPal and givengain account.

Banking Details:

First National Bank

Account name: Sakhisizwe YDP Trust

Account number: 62791440870

Branch code: 250655 (Hout Bay)

Reference: "Sakhisizwe"

[Paypal: mhinti.pato@hotmail.com](mailto:mhinti.pato@hotmail.com)

<https://www.givengain.com/cc/at-sakhisizwe-youth-development-is-our-priority/>

Mhinti Pato & team